Evening Lecture –
Sleep: The New Health Frontier

- The nature of sleep
- Sleep as an important lifestyle factor
- The role of sleep in health and disease
- Clinical sleep disorders
- Link to chronic diseases
- Obstructive sleep apnoea (OSA)
- Oral appliance therapy for OSA - ready for prime time
- The role of the dentist

Speaker:
Professor Peter Cistulli
ResMed Chair, Sleep Medicine, University of Sydney
Head, Centre for Sleep Health & Research, Department of Respiratory and Sleep Medicine, Royal North Shore Hospital

Chairman: Associate Professor Victoria Yu
Vice Dean, Graduate Studies, Faculty of Dentistry, National University of Singapore

Monday, 27 March 2017
6:30pm
(Registration from 6:00pm)
Clinical Research Centre (CRC) Auditorium
Block MD11, Yong Loo Lin School of Medicine
10 Medical Drive, Singapore 117597

PRE-REGISTRATION REQUIRED
Email: denaaa@nus.edu.sg with your Name, DCR No, and Contact No.
(Accredited with the SDC for 2 CPE points)