

**3<sup>rd</sup> Edmund Tay Mai Hiong**  
**Distinguished Speaker Programme**

# **Sleep Medicine – The Role of the Oral Healthcare Professional: Making a Difference**

**31 March 2019, Sunday**

**NUCOHS Auditorium, Level 9  
National University Centre for Oral Health,  
Singapore  
9 Lower Kent Ridge Rd, Singapore 119085**

**6 CDE Points | 4.50 CSTE Units | Pending accreditation for  
4 CME Points**

Enquiries Contact: [fodsymposium@nus.edu.sg](mailto:fodsymposium@nus.edu.sg)

**Organised by:  
Faculty of Dentistry**



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**By:**



Centre for Medical Education  
Yong Loo Lin School of Medicine

# PROGRAMME SCHEDULE

**Sunday, 31 March 2019**

<b><u>TIME</u></b>	<b><u>TOPIC</u></b>	<b><u>SPEAKER</u></b>
8.00am	Registration	
8.50am	Opening Address	Prof Finbarr Allen Dean, Faculty of Dentistry
9.00am	The ETMH Endowed Fund	Dr David Tay
9.30am	A General Overview of Sleep Medicine and Sleep Breathing Disorders	Dr Dennis R. Bailey
11.00am	TEA BREAK & TRADE EXHIBITION	
11.15am	Sleep Bruxism: Is it Dental or Medical?	Dr Dennis R. Bailey
12pm	LUNCH & TRADE EXHIBITION	
1.30pm	Evaluation and Findings Related to the Sleep Breathing Disordered Patient and The Nasal Airway - Screening and Evaluation	Dr Dennis R. Bailey
2.15pm	TEA BREAK & TRADE EXHIBITION	
2.30pm	Management of the Sleep Breathing Disordered Patient: Imaging and Oral Appliance Therapy	Dr Dennis R. Bailey
4.00-5.00pm	Panel Discussion with Dr Dennis R. Bailey and other speakers Moderated by Dr David Tay	
5.00pm	End of Programme	

## **SPEAKER & PANELLIST PROFILE**



### **Dr Dennis R. Bailey**

**DDS, D, ABDSM, D, ABOFP**

Diplomate of the American Board of Orofacial Pain  
Past President of the American Academy of  
Dental Sleep Medicine

Dr. Bailey is a general dentist with a practice limited to the management of Sleep Related Breathing Disorders (Snoring and Sleep Apnea) utilizing oral appliances as well as Temporomandibular Disorders, Orofacial Pain and related headaches. He is a graduate of Indiana University School of Dentistry and completed a General Practice Residency at Miami Valley Hospital in Dayton, Ohio. He is a past president of the American Academy of Dental Sleep Medicine (1998-1999), is the founder and past-chair of the Oral Appliance Section and served on the Standards of Practice Committee for the American Academy of Sleep Medicine. He frequently lectures both in the US and internationally and has authored numerous articles and chapters on the topic of Sleep Medicine and on the use of Oral Appliances by the dentist for the management of snoring and sleep apnea. In October of 2001, he co-edited the Dental Clinics of North America entitled "Sleep Disorders: Dentistry' Role".

He is currently a visiting lecturer in the Orofacial Pain and Sleep Medicine Program at UCLA School of Dentistry and is the Co-Director of the Mini-Residency in Sleep Medicine for the Dentist. In December 2010 the textbook he and Dr. Attanasio authored entitled "Dental Management of Sleep Disorders" was released and is available from Wiley-Blackwell. In addition he was the guest editor for "Dentistry's Role in Sleep Medicine", March 2010 edition, in the Sleep Medicine Clinics. In April of 2012 a Dental Clinics of North America text was published that Drs. Bailey and Attanasio co-edited entitled "Sleep Medicine for Dentistry". Dr. Bailey is currently the Past-President (2013-2014) of the Colorado Sleep Society and was the chair for the Sleep Medicine Committee for the American Academy of Orofacial Pain from 2012 to April of 2016. He has Diplomate status in the American Board of Orofacial

Pain and in the American Board of Dental Sleep Medicine and is a Fellow in the Academy of General Dentistry, the American Academy of Orofacial Pain and the International College of Dentists.

## **LECTURE SYNOPSES**

### **Sleep Medicine – The Role of the Oral Healthcare Professional: Making a Difference**

Over the last few decades the role of the oral healthcare professional as it relates to the recognition as well as the management of sleep related breathing disorders has increased over the last few decades, as has the demand. And the recognition of other sleep disorders has also become important. The role of those other than physicians and sleep medicine specialists has become more significant, thus the oral healthcare professional may be the first line of recognition. Many aspects of what the oral healthcare practitioner sees daily or discovers on evaluation may be the first sign that the risk for a sleep disorder is present. This presentation is intended to review the many aspects of our role in screening as well as the opportunities for the management of sleep related breathing disorders.

## **SPEAKER & MODERATOR PROFILE**



### **Dr David K. L. Tay**

BDS (S'pore), MS (Northwestern,USA), Cert. Prosthodontics (Northwestern,USA), FAMS(Prosthodontics)

Practice Restricted to Prosthodontics

Dr David K. L. Tay was a former full-time faculty member in the Department of Restorative Dentistry, Faculty of Dentistry, NUS. Since 1993, he has been in full-time private practice limited to the specialty of prosthodontics.

He has published in scientific journals, contributed to prosthodontic textbooks and given numerous presentations and courses on Prosthodontics, Occlusion, TMD/Orofacial Pain and Dental Sleep Medicine, both locally and overseas.

Dr Tay has over 20 years' experience in Oral Appliance Therapy and has been co-managing patients with sleep-disordered breathing in close collaboration with an interdisciplinary team of sleep professionals. His other special interests include full-mouth occlusal rehabilitation, the management of temporomandibular disorders & chronic orofacial pain, and golf.

He holds memberships in several professional organizations including the International College of Prosthodontists, American Academy of Dental Sleep Medicine, American Equilibration Society, and the Pain Association of Singapore. He was also former Chairman, Chapter of Dental Surgeons, Academy of Medicine (Singapore) and past President of the Prosthodontic Society (Singapore).

He is, presently, the Clinical Director of T32 Dental Centre (Specialist Division) at Camden Medical Centre.

## **REGISTRATION DETAILS**

### **Registration Fees**

Register before **15 February 2019** to enjoy the early bird discount.  
Registration closes on **28 February 2019**.

	Dentists/Doctors	Dental/Medical Auxiliaries	Dental/Medical Students
Early Bird Registration	\$600	\$140	\$100
Registration	\$600	\$170	\$120
On-Site Registration	\$600	\$200	\$150

### **How to Register**

Complete the registration form, including payment of the full registration fees, and mail/fax to:

ETMH Distinguished Speaker Programme Secretariat  
Faculty of Dentistry  
National University of Singapore  
Level 10, Dean's Office  
9 Lower Kent Ridge Road  
Singapore 119085

For payment of fees, please provide either credit card information or cheque made payable to "**National University of Singapore**". Please write your name and DCR number at the back of the cheque.

All registrations must reach the Secretariat latest by **28 February 2019**. A confirmation will be sent upon receipt of the full fee payment.

### **Cancellation/Refund Policy**

Cancellations have to be made in writing. A cancellation fee of S\$50 will be charged for all cancellations requested on or before **28 February 2019**. There will be no refunds after 28 February 2019.

**The organisers reserve the right not to conduct the course if there are not enough participants.**

**NUS & PDPA:** Attendees should be aware that NUS, others on behalf of NUS and third parties may be taking photographs and/or videos during this event. NUS may use such photos and videos for the purpose of NUS publicity, marketing and media/social media. We may identify attendees by name in such media and/or share these with third parties (which may be in or outside of Singapore).